

Margit Hentschel, Activist for Peace and for Women

Her legacy: Applying mindfulness to educate and enhance women's roles in society

Dr. Margit Hentschel is co-founder and co-director of the Colorado State University Center for Mindfulness and director of the Office of Service Learning at CSU's Institute for Learning and Teaching.

Margit also directs CSU's Community Engagement Leaders program, through selected students at the university engage in applying their classroom studies to service learning projects in the community such as environmental stewardship, public health, civility, justice, poverty and elder care. Through the program, these students have an opportunity to develop the necessary skills to become community leaders.

Her dissertation in the field of education was a study of women who have won the Nobel Prize and their strategies to overcome patriarchal societies to achieve peaceful resolution. She holds a master's degree in natural resources.

Margit has served as environmental manager for the City of Fort Collins, where she led a multi-million dollar clean-up of the Poudre River. In addition, she helped develop projects to support indigenous communities through environmental impacts in Colorado.

She has core beliefs that women have much to share and contribute in their own communities and throughout the world. Through her activism, she has brought those beliefs closer to fruition.

Written by Barbara Fleming, Author, Coloradoan Columnist and Living Her Legacy Wordsmith